

Subject: PSHE

Year group: 6

Term: Summer

Unit name: Growing and changing. Human reproduction and birth; increasing independence; managing transition

Notes: Parents should be informed that this unit is being taught in advance as they have the right to withdraw their children from the parts highlighted in red (see RSE policy).

Hope

I say this because I know what I have planned for you," says the Lord. "I have good plans for you. I don't plan to hurt you. I plan to give you hope and a good future.

Jeremiah 29:11

Main concepts:

- To recognise some of the changes as they grow up e.g. increasing independence, and how this may feel
- To know about the transition to secondary school, changing relationships at school and how this may affect their feelings
- To know practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school
- To begin to identify the links between love, committed relationships
- **To know what sexual intercourse is, and how it can be one part of an intimate relationship between consenting adults**
- **To know how pregnancy occurs i.e. when a sperm meets an egg and the fertilised egg settles into the lining of the womb. That pregnancy can be prevented with conception.**
- To know about the responsibilities of being a parent or carer and how having a baby changes someone's life

Possible outcomes— drama, leaflet, freeze frame photo, poster

How the children are to be taught this.

PSHE should be delivered by the class teacher in mixed sex groups. Once the main lesson has been taught arrange a time for children to have chance to ask questions in single sex groups.

Use teacher judgment to decide whether this should be blocked to a day or taught over smaller sessions, dependent upon the cohort.

Prior knowledge. Children should already...

Know how girls' and boys' bodies change during puberty and understand the importance of looking after themselves physically and emotionally

Know the name for external genitalia.

Begin to recognise individuality through personal qualities.

Key vocabulary

Uterus, Womb, Oestrogen, Fallopian Tube, Cervix, Develops, Puberty, Breasts, Vagina, Hips, Penis, Testicles, Genitals, Sperm, Semen, Scrotum, Erection, Ejaculation, Ovaries, Egg (Ovum), Period, Fertilised, Unfertilised, Conception, Having sex, Sexual intercourse, Making love, Embryo, Umbilical cord, Foetus

Hygiene, Age appropriateness, Legal, Laws, Responsible, Teenager, Responsibilities, Rights, opportunities, freedoms, responsibilities, transition, secondary, looking forward, journey, worries, anxiety, excitement

