

Year 6 Tennis Curriculum Link: Play competitive games, modified where appropriate		
Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
<p>Subject Name: PE Year Group: 6 Term: 3 (H1) Unit Name: Tennis</p> <p>Spiritual Development Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. When Jesus arrived, he saw a large crowd. He felt sorry for them and healed those who were sick.</p> <p>Matthew 14:14</p>	<ul style="list-style-type: none"> To return the ball using a forehand groundstroke under pressure. To return the ball using a backhand groundstroke under pressure. To use a variety of shots to keep a continuous rally going. To develop the underarm serve and understand the rules of serving. To develop the volley and understand when to use it. To apply rules, skills and principles to play against an opponent. To apply rules, skills and principles to play against an opponent. 	<ul style="list-style-type: none"> Compete against self and others in a controlled manner in teams and individually in a range of competitive activities using evaluation and tactics to improve performance.
Big Ideas	Year 6 Learning	Health and Fitness & Preparation
<p>Play tennis (modified where appropriate) to apply and develop attacking and defending skills, improve communication, competitive and</p>	<ul style="list-style-type: none"> To develop placement of the ball using a forehand. To return the ball using a backhand groundstroke. To develop the volley and understand when to use it. To employ tactics when playing with a partner. To develop accuracy and consistency using the underarm serve. To apply rules, skills and principles to play against an opponent. To apply rules, skills and principles to play against an opponent. 	<ul style="list-style-type: none"> Know and understand the reasons for warming up and cooling down and begin to select appropriate warm-ups and cool downs in relation to the physical activity taking place. Explain why exercise is good for health, fitness and wellbeing and



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collaboration skills and evaluate and improve their performance.

know ways we can become healthier.

Key Information	Learning	Key PE Skills
Vocabulary	Future Learning:	Evaluation and Communication
underarm volley lob recovery drop shot control	<ul style="list-style-type: none"> • KS3: <ul style="list-style-type: none"> • Build on and embed the physical development and skills learnt in Key Stages 1 and 2. • Become more competent, confident and expert in their techniques. • Understand what makes a performance effective. • Develop confidence and interest to get involved in exercise, sports and activities out of school and in later life. • Understand and apply the long term health benefits of physical activity. 	<ul style="list-style-type: none"> • Watch or describe performances of themselves and others, and effectively and thoroughly evaluate what went well, what skills or techniques to practice and how that leads to improvements in performance for themselves and others. • Use communication skills to illustrate what they are doing and respond to others to improve team play.
Glossary		
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