

Year 5 Tennis Curriculum Link: Play competitive games, modified where appropriate		
Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
<p>Subject Name: PE Year Group: 5 Term: 3 (H1) Unit Name: Tennis</p> <p>Spiritual Development Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. When Jesus arrived, he saw a large crowd. He felt sorry for them and healed those who were sick.</p> <p>Matthew 14:14</p>	<ul style="list-style-type: none"> To develop racket and ball control. To develop returning the ball using a forehand and understand when to use it. To develop the backhand and understand when to use it. To keep a continuous rally going showing increased technique. To use and apply rules and simple tactics. To understand and use rules to manage a game. To understand and use rules to manage a game. 	<ul style="list-style-type: none"> Compete against self and others in a controlled manner in teams and individually in a range of competitive activities using evaluation to improve performance.
Big Ideas	Year 5 Learning	Health and Fitness & Preparation
<p>Play tennis (modified where appropriate) to apply and develop attacking and defending skills, improve communication, competitive and collaboration skills and</p>	<ul style="list-style-type: none"> To return the ball using a forehand groundstroke under pressure. To return the ball using a backhand groundstroke under pressure. To use a variety of shots to keep a continuous rally going. To develop the underarm serve and understand the rules of serving. To develop the volley and understand when to use it. To apply rules, skills and principles to play against an opponent. To apply rules, skills and principles to play against an opponent. 	<ul style="list-style-type: none"> Know and understand the reasons for warming up and cooling down and lead own warm-ups and cool downs with support. Explain why exercise is good for health, fitness and wellbeing and make some links to ways we can become healthier.



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evaluate and improve their performance.		
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Key Information	Learning	Key PE Skills
Vocabulary	Future Learning:	Evaluation and Communication
underarm volley lob recovery drop shot control	<ul style="list-style-type: none"> • To develop placement of the ball using a forehand. • To return the ball using a backhand groundstroke. • To develop the volley and understand when to use it. • To employ tactics when playing with a partner. • To develop accuracy and consistency using the underarm serve. • To apply rules, skills and principles to play against an opponent. 	<ul style="list-style-type: none"> • Watch and describe performances of themselves and others - link this to how this has supported modifying their skills and techniques to improve over time and offer improvements to others. • Use communication skills to illustrate what they are doing and respond to others to begin to improve team play.

Glossary

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