

<b>Year 1 Team Building</b> Curriculum Link: To participate in team games, developing simple tactics for attacking and defending; To master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities		
Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
Subject Name: PE Year Group: 1 Term: 3 (H1) Unit Name: <b>Team Building</b>  <b>Spiritual Development</b> Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. When Jesus arrived, he saw a large crowd. He felt sorry for them and healed those who were sick.  Matthew 14:14	<b>Physical Development</b> <ul style="list-style-type: none"> <li>Negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>Demonstrate strength, balance and coordination when playing.</li> <li>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul> <b>Personal, Social and Emotional Development</b> <ul style="list-style-type: none"> <li>Work and play cooperatively and take turns with others</li> <li>Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.</li> <li>Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</li> </ul> <b>Other</b> <ul style="list-style-type: none"> <li>Create a short sequence of movements.</li> <li>Roll in different ways with control.</li> <li>Travel in different ways.</li> <li>Stretch in different ways.</li> <li>Jump in a range of ways from one space to another with control.</li> <li>Begin to balance with control.</li> </ul>	<ul style="list-style-type: none"> <li>Engage in competitive activities and team games.</li> </ul>
Big Ideas	Year 1 Learning	Health and Fitness & Preparation

<p>To develop skills in sending, receiving and dribbling a ball. To understand attacking and defending and what 'being in possession' means. To play competitively, score points, follow rules and use simple tactics.</p>		<ul style="list-style-type: none"> <li>To cooperate with a partner to complete challenges.</li> <li>To explore and develop working as a team.</li> <li>To develop talking, listening and sharing skills.</li> <li>To use speaking and listening skills to lead a partner.</li> <li>To plan with a partner and in small groups to complete challenges.</li> <li>To use talking, listening and sharing skills to complete challenges.</li> <li>To use talking, listening and sharing skills to complete challenges.</li> </ul>	<ul style="list-style-type: none"> <li>Recognise and describe how the body feels during and after different physical activities.</li> <li>Explain what they need to stay healthy.</li> </ul>	
Key Information		Learning		Key PE Skills
Vocabulary		Future Learning:		Evaluation and Communication
<p>attack defend shoot hit throw pass catch dribble</p>	<p>goal warm-up cool-down kick score pitch teamwork</p>	<ul style="list-style-type: none"> <li>To follow instructions and work with others.</li> <li>To cooperate and communicate in a small group to solve challenges.</li> <li>To create a plan with a group to solve challenges.</li> <li>To communicate effectively.</li> <li>To use teamwork skills to work as a group to solve problems.</li> <li>To work with a group to copy and create a basic map.</li> </ul>		<ul style="list-style-type: none"> <li>Watch or describe performances of themselves and others - begin to say what went well and what didn't go well.</li> <li>Follow simple rules to play games, including team games.</li> </ul>
Glossary				



Enriching lives every day; enabling our school community to learn, achieve and flourish through living 'life in all its fullness'

