

Year 5 Basketball

Curriculum Link:

Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
<p>Subject Name: PE Year Group: 5 Term: 2 (H1) Unit Name: Basketball</p> <p>Spiritual Development Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. Do for other people the same things you want them to do for you.</p> <p>Matthew 7:12</p>	<p>Year 4 - basketball</p> <ul style="list-style-type: none"> • To protect the ball when dribbling against an opponent. • To develop passing and begin to recognise when to use different skills. • To use defending skills to delay an opponent and gain possession. • To develop technique in the attacking skill of shooting. • To apply skills and knowledge to compete in a tournament. 	<ul style="list-style-type: none"> • Compete against self and others in a controlled manner in teams and individually in a range of competitive activities using evaluation to improve performance.
Big Ideas	Year 5 Learning	Health and Fitness & Preparation

Play basketball (modified where appropriate) to apply and develop attacking and defending skills, running, jumping, throwing and catching skills, improve communication, competitive and collaboration skills and evaluate and improve their performance.

- To dribble with control under pressure.
- To move into and create space to support a teammate.
- To choose when to pass and when to dribble.
- To use the appropriate defensive technique for the situation.
- To develop shooting technique and make decisions about when to pass, dribble or shoot.

- Know and understand the reasons for warming up and cooling down and lead own warm-ups and cool downs with support.
- Explain why exercise is good for health, fitness and wellbeing and make some links to ways we can become healthier.

Key Information	Learning	Key PE Skills
Vocabulary	Future Learning:	Evaluation and Communication
intercept control violation communication technique marking double dribble overhead pass collaboration	<ul style="list-style-type: none"> To move into and create space to support a teammate. To choose when to pass and when to dribble. To use the appropriate defensive technique for the situation. To develop shooting technique and make decisions about when to pass, dribble or shoot. To apply principles, rules and tactics to a tournament. 	<ul style="list-style-type: none"> Watch and describe performances of themselves and others - link this to how this has supported modifying their skills and techniques to improve over time and offer improvements to others. Use communication skills to illustrate what they are doing and respond to others to begin to improve team play.
Glossary		