

Year 3 Football Curriculum Link: To use running, jumping, throwing and catching in isolation and in combination; To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending		
Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
<p>Subject Name: PE Year Group: 3 Term: 1 (H1) Unit Name: Football</p> <p>Spiritual Development Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. An honest witness tells the truth. But a dishonest witness tells lies.</p> <p>Proverbs 12:17</p>	<ul style="list-style-type: none"> • Use at least one technique to attack or defend to play a game successfully. • Develop control when dribbling with hands. • Identify that dribbling can use both hands (not simultaneously). • Develop control and accuracy when throwing to a teammate. • To identify the importance of having hands ready to catch (w shape). • Develop the bounce and chest pass. • Begin to combine stopping and pick up/collect to send a ball accurately to other players. • Develop control when dribbling a ball with feet. • Develop control when kicking a ball, using some correct technique i.e. inside foot. • Develop awareness of avoiding opposition whilst in control of the ball. • Develop taking a ball towards goal with some control. • Develop control and accuracy when throwing to a teammate. • Develop the bounce and chest pass. • To identify the importance of having hands ready to catch (w shape). • Make simple decisions about when/where to move to receive a ball. 	<ul style="list-style-type: none"> • Compete against self and others in teams and individually in a controlled manner in a range of competitive activities.
Big Ideas	Year 3 Learning	Health and Fitness & Preparation

Play football (modified where appropriate) to apply and develop attacking and defending skills, running, jumping, throwing and catching skills, improve communication, competitive and collaboration skills and evaluate and improve their performance.

- To develop the attacking skill of dribbling.
- To develop changing direction and speed when dribbling.
- To develop passing and begin to recognise when to use different skills.
- To apply attacking skills to move towards a goal.
- To use defending skills to delay an opponent and gain possession.

- Recognise and describe the effects of exercise on the body and begin to link this to why it is important to warm up and cool down.
- Explain why exercise is good for your health, including strength and flexibility.

Key Information	Learning	Key PE Skills
Vocabulary	Future Learning:	Evaluation and Communication
tactics opponent receive send possession shoot tackle foul invasion game skill laces	<ul style="list-style-type: none"> To develop the attacking skill of dribbling. To develop changing direction and speed when dribbling. To develop passing and begin to recognise when to use different skills. To apply attacking skills to move towards a goal. To use defending skills to delay an opponent and gain possession. To apply skills and knowledge to compete in a tournament. 	<ul style="list-style-type: none"> Watch or describe performances of themselves and others - linking that to what to keep the same for next time and what to improve for next time and offer some improvements to others. Use communication skills to illustrate what they are doing and begin to respond to others.

Glossary

Attack: The team or parts of a team trying to score or get points, those in control of the ball. It is not just simply scoring; it is the actions of all the players on the team who have possession of the ball.

Chip Pass: The ball is kicked from underneath with accuracy to launch it high into the air in order either to pass it over the heads of opponents or to score a goal.

Corner kick: A kick taken by the attacking team from the corner of the pitch when the defensive team has kicked it out.

Defend: The team or parts of a team trying to prevent the opponents from scoring or getting points, those trying to gain possession of the ball

Dribble: Travelling with the ball in a particular direction.

Drag Back: When you place one foot on the ball and one foot beside it and drag the ball backwards.

Foul: An action against one of the rules resulting in a free kick for the opposite team.

Free Kick: A kick taken from when a foul has occurred on the pitch (not inside the penalty area) from the place the foul occurred.

Goal kick: A kick taken by goalkeeper when the ball has left the pitch along the goal line due to the attacking team.

Handball: A foul committed by touching the ball with a hand or an arm.

Inside and Outside Hook: Inside hook uses the inside of the foot to hook the ball and turn and move in the opposite direction, whereas an outside hook uses the outside of the foot to hook the ball and turn and move in the opposite direction.

Invasion Game: A type of game that involves attacking an opponent's zone with the aim of scoring a goal or point.

Marking: Is when a player from the defending team is allocated an opposition player to stay close to and try and prevent them from receiving the ball.

Pass: To kick or head the ball to another player on your own team.

Penalty kick: A kick at the goal taken from the penalty spot when a foul has occurred in the penalty area.

Possession: When a player or team has the ball.

Tackle: To challenge an opponent for the ball using moves.

Throw-In: When the ball leaves the field through the side-line and a player throws it back into the pitch to restart the game.