

## Year 3 Basketball

### Curriculum Link:

Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
<p>Subject Name: <b>PE</b>            Year Group: <b>3</b>            Term: <b>2 (H1)</b>            Unit Name: <b>Basketball</b></p> <p><b>Spiritual Development</b>            Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. Do for other people the same things you want them to do for you.</p> <p>Matthew 7:12</p>	<p>Year 2 Invasion Games</p> <ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Compete against self and others in teams and individually in a controlled manner in a range of competitive activities.</li> </ul>
Big Ideas	Year 3 Learning	Health and Fitness & Preparation

Play basketball (modified where appropriate) to apply and develop attacking and defending skills, running, jumping, throwing and catching skills, improve communication, competitive and collaboration skills and evaluate and improve their performance.

- To develop the attacking skill of dribbling.
- To protect the ball when dribbling against an opponent.
- To develop passing and begin to recognise when to use different skills.
- To use defending skills to delay an opponent and gain possession.
- To develop technique in the attacking skill of shooting.

- Recognise and describe the effects of exercise on the body and begin to link this to why it is important to warm up and cool down.
- Explain why exercise is good for your health, including strength and flexibility.

Key Information	Learning	Key PE Skills
<b>Vocabulary</b>	<b>Future Learning:</b>	<b>Evaluation and Communication</b>
tactics opponent receive send possession shoot tackle foul invasion game skill chest pass bounce pass jump stop pivot	Year 4 - basketball <ul style="list-style-type: none"> <li>• Begin to use different ways of attacking and defending considering position of own team and/or opponent.</li> <li>• Dribble the ball, varying speed and direction to successfully pass or avoid opponents.</li> <li>• Continue to develop skill to dribble with both hands (not simultaneously).</li> <li>• Begin to recognise appropriate times to perform a pivot.</li> <li>• Use jump stop.</li> <li>• Use the bounce, chest and shoulder pass appropriately in game situation.</li> <li>• Begin to use overhead pass.</li> <li>• Attempt to mark another player when their team does not have the ball.</li> </ul>	<ul style="list-style-type: none"> <li>• Watch or describe performances of themselves and others - linking that to what to keep the same for next time and what to improve for next time and offer some improvements to others.</li> <li>• Use communication skills to illustrate what they are doing and begin to respond to others.</li> </ul>
<b>Glossary</b>		
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