

Enriching lives every day; enabling our school community to learn, achieve and flourish through living 'life in all its fullness'



Year 2 Ball skills

Curriculum Link:

To master basic movements including running, jumping, throwing and catching			
Key Information	Learning	Key PE Skills	
Unit	Previous Learning	Competing and Performing	
Subject Name: PE Year Group: 2 Term: 2 (H1) Unit Name: Ball skills Spiritual Development Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. Do for other people the same things you want them to do for you. Matthew 7:12	 To develop dribbling a ball with your hands. To explore throwing with accuracy towards a target. To explore catching with two hands. To explore dribbling a ball with your feet. To explore tracking a ball that is coming towards me. 	Compete against self and others in teams and individually.	
Big Ideas	Year 2 Learning	Health and Fitness & Preparation	
To develop skills such as throwing, catching, rolling, hitting a target, dribbling with hands and feet and kicking a ball.	 To develop rolling a ball to hit a target. To stop a rolling ball. To dribble a ball with your feet. To develop kicking a ball. To develop throwing and catching. 	 Recognise and describe how different parts of the body fee during and after different physical activities. Explain what they need to stay healthy with some links to exercise being made. 	



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Key Information	Learning	Key PE Skills
Vocabulary	Future Learning:	Evaluation and Communication
attack defend shoot hit throw catch net space racket warm-up cool-down score pass dribble kick score	 Begin to use more than one way of attacking and defending. Develop control and co-ordination when dribbling with hands, including varying speed and direction. Develop skill to dribble with both hands (not simultaneously). Recognise the dribble ends when the ball is held in two hands (double dribble/travelling rule). Use pivoting. Begin to use jump stop. Develop the bounce and chest pass and begin to recognise when to use them. Begin to identify that when their team don't have the ball and the importance of marking an opponent. 	 Watch or describe performances of themselves and others - linking that to what went well and what to improve. Use some simple communication to illustrate what they are planning on doing.

Glossary