

Subject: PSHE

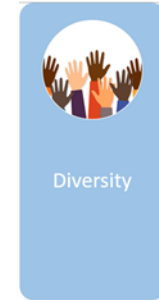
Year group: 6

Term: Autumn

Unit name: Safe relationships—Recognising and managing pressure; consent in different situations

Spiritual development

Safe under his care ([Psalms 46:1,2,5](#))



Main concepts

- to compare the features of a healthy and unhealthy friendship
- about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong
- strategies to respond to pressure from friends including online
- how to assess the risk of different online 'challenges' and 'dares'
- how to recognise and respond to pressure from others to do something unsafe or that makes them feel worried or uncomfortable
- how to get advice and report concerns about personal safety, including online
- what consent means and how to seek and give/not give permission in different situations

Prior knowledge.

Children should already...

know how to manage pressures associated with dares and recognise the difference between 'playful dares' and dares which put someone under pressure, at risk, or make them feel uncomfortable (Y4).

know how to report concerns and seek help if worried or uncomfortable about someone's behaviour, including online (Y4) or unwanted physical contact (Y5).

be able to identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations and know how to ask for, give and not give permission for physical contact (Y5).

know how to respond to unwanted or unacceptable physical contact and know that it is never someone's fault if they have experienced unacceptable contact (Y5).

know that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about (Y5).

How the children are to be taught this.

Use teacher judgment to decide whether this should be blocked to a day or taught over smaller sessions, dependent upon the cohort.

Please use teacher judgement to decide which parts of this unit can be taught by adults other than the class teacher.

Key vocabulary

Safe, private, care, touch, feelings, permission, happy, sad, safe, unsafe

Hurt, bullying, secret, surprise, pressure, unacceptable, boundaries, social, teasing, upset, uncomfortable, dare, harmful

Contact, fault, concern, safety

