

Subject: PSHE

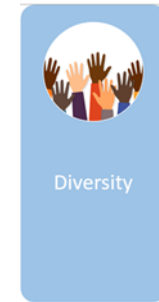
Year group: 5

Term: Autumn

Unit name: Safe relationships—Physical contact and feeling safe

Spiritual development

Safe under his care ([Psalms 46:1,2,5](#))



Main concepts

- to identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations
- how to ask for, give and not give permission for physical contact
- how it feels in a person's mind and body when they are uncomfortable
- that it is never someone's fault if they have experienced unacceptable contact
- how to respond to unwanted or unacceptable physical contact
- that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about
- whom to tell if they are concerned about unwanted physical contact

Prior knowledge.

Children should already...

understand when it is right to keep or break a confidence or share a secret (Y4).

know how to report concerns and seek help if worried or uncomfortable about someone's behaviour, including online (Y4).

know what privacy and personal boundaries are, including online (Y3).

about what it means to keep something private, including parts of the body that are private (Y1).

be able to identify different types of touch, how they make people feel and know how to respond if being touched makes them feel uncomfortable or unsafe (Y1).

know when it is important to ask for permission to touch others and how to ask for and give/not give permission (Y1)

know how to resist pressure to do something that feels uncomfortable or unsafe (Y2).

How the children are to be taught this.

Use teacher judgment to decide whether this should be blocked to a day or taught over smaller sessions, dependent upon the cohort.

Please use teacher judgement to decide which parts of this unit can be taught by adults other than the class teacher.

Key vocabulary

Safe, private, care, touch, feelings, permission, happy, sad, safe, unsafe

Hurt, bullying, secret, surprise, pressure, unacceptable, boundaries, social, teasing, upset, uncomfortable, dare, harmful

Contact, fault, concern

