

Subject: PSHE

Year group: 5

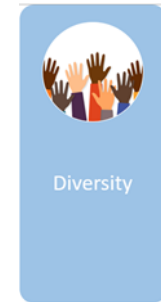
Term: Autumn

Unit name: Families and Friendships– Managing friendships and peer influences.

Spiritual development:

Show proper respect to everyone, love the **family** of believers, fear God, honor the emperor.

Peter 2:17



Main concepts (families and friendships)

- what makes a healthy friendship and how they make people feel included
- strategies to help someone feel included
- about peer influence and how it can make people feel or behave
- the impact of the need for peer approval in different situations, including online
- strategies to manage peer influence and the need for peer approval e.g. exit strategies, assertive communication
- that it is common for friendships to experience challenges
- strategies to positively resolve disputes and reconcile differences in friendships
- that friendships can change over time and the benefits of having new and different types of friends
- how to recognise if a friendship is making them feel unsafe, worried, or uncomfortable
- **when and how to seek support in relation to friendships**

Prior knowledge. Children should already...

- Recognise the similarities that they have with other people, physically and emotionally.
- Recognise the differences that they have from other people, physically and emotionally.
- Know how to show respect for people with both similarities and differences.
- Have a range of respectful vocabulary to use in discussions.

Key vocabulary

Peers, friends, feelings, emotions, negative, positive, behaviour, influence, positive, negative, assertive, dispute, resolution, resources, natural, man-made, compassion

How the children are to be taught this.

PSHE should be delivered in mixed gender groups.

Use teacher judgment to decide whether this should be blocked to a day or taught over smaller sessions, dependent upon the cohort.

Please use teacher judgement to decide which parts of this unit can be taught by adults other than the class teacher.