

Subject: PSHE

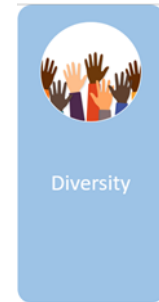
Year group: 2

Term: Autumn

Unit name: Safe relationships—Managing secrets; resisting pressure and getting help; recognising hurtful behaviour

Spiritual development

**Safe under his care** ([Psalms 46:1,2,5](#))



**Main concepts**

- how to recognise hurtful behaviour, including online
- what to do and whom to tell if they see or experience hurtful behaviour, including online
- about what bullying is and different types of bullying
- how someone may feel if they are being bullied
- about the difference between happy surprises and secrets that make them feel uncomfortable or worried, and how to get help
- how to resist pressure to do something that feels uncomfortable or unsafe
- how to ask for help if they feel unsafe or worried and what vocabulary to use.

**Prior knowledge.**

Children should already...

about situations when someone's body or feelings might be hurt and whom to go to for help (Y1).

about what it means to keep something private, including parts of the body that are private (Y1).

be able to identify different types of touch, how they make people feel and know how to respond if being touched makes them feel uncomfortable or unsafe (Y1).

know when it is important to ask for permission to touch others and how to ask for and give/not give permission (Y1)

**How the children are to be taught this.**

Use teacher judgment to decide whether this should be blocked to a day or taught over smaller sessions, dependent upon the cohort.

Please use teacher judgement to decide which parts of this unit can be taught by adults other than the class teacher.

**Key vocabulary**

Safe, private, care, touch, feelings, permission, happy, sad, safe, unsafe

Hurt, bullying, secret, surprise, pressure



