



Year 6 Hockey

Curriculum Link:

Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
Subject Name: PE Year Group: 6 Term: 1 (H2) Unit Name: Hockey Spiritual Development Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. John 1:2 Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.	 Begin to choose the best tactics for attacking and defending considering position of own team and/or opponent. Develop control, co-ordination when straight dribbling and Indian dribbling and begin to use loose dribbling, including varying speed and direction. Dribble the ball to get past a defender sometimes successfully. Develop passing skills including push pass, slap hit and sweep shot in game situations. Receive and trap the ball with increasing success rate. Develop tackling skills including the block tackle. Track an opponent and use defensive techniques to win the ball. 	 Compete against self and others in a controlled manner in teams and individually in a range of competitive activities using evaluation and tactics to improve performance.
Big Ideas	Year 6 Learning	Health and Fitness & Preparation
Play hockey (modified where appropriate) to apply and develop attacking and defending skills, improve communication, competitive and collaboration skills and evaluate and improve their performance.	 To develop the ability to choose the best tactics for attacking and defending considering position of own team and/or opponent. To know how to support other players in attack and defence. To develop and use dribbling techniques in game with some recognition of most appropriate for game situation including; straight dribbling, loose dribbling and Indian dribbling. To vary speed and direction of dribbling as appropriate to the game situation. To use a range of passes knowing which one to use depending on the game situation. To be able to dribble and change direction by making a square pass (across the pitch) or straight pass (up/down the pitch). 	 Know and understand the reasons for warming up and cooling down and begin to select appropriate warm-ups and cool downs in relation to the physical activity taking place. Explain why exercise is good for health, fitness and wellbeing





 To be able to track an opponent, recognise appropriate timings and situations to use defensive techniques including jab and block tackle. 	and know ways we can become healthier.





 Actics KS3: Build on and embed the physical development and skills learnt in Key Stages 1 and 2. Become more competent, confident and expert in their techniques. Understand what makes a performance effective. Understand what makes a performance effective. Develop confidence and interest to get involved in exercise, sports and activities out of school and in later life. Understand and apply the long term health benefits of physical activity. 	Learning	Key PE Skills
opponent receive send• Build on and embed the physical development and skills learnt in Key Stages 1 and 2.of themselves and others, an effectively and thoroughly evaluate what went well, wh skills or techniques to practic and how that leads to improvements in performance foul • Develop confidence and interest to get involved in exercise, sports and activities out of school and in later life.of themselves and others, an effectively and thoroughly evaluate what went well, wh skills or techniques to practic and how that leads to improvements in performance for themselves and others.• Develop confidence and interest to get involved in exercise, sports and activities out of school and in later life.• Understand and apply the long term health benefits of physical activity.• Understand and apply the long term health benefits improve team play.	Future Learning:	Evaluation and Communication
Glossary	 Build on and embed the physical development and skills learnt in Key Stages 1 and 2. Become more competent, confident and expert in their techniques. Understand what makes a performance effective. Develop confidence and interest to get involved in exercise, sports and activities out of school and in later life. Understand and apply the long term health benefits 	 evaluate what went well, what skills or techniques to practice and how that leads to improvements in performance for themselves and others. Use communication skills to illustrate what they are doing and respond to others to
		 Future Learning: KS3: Build on and embed the physical development and skills learnt in Key Stages 1 and 2. Become more competent, confident and expert in their techniques. Understand what makes a performance effective. Develop confidence and interest to get involved in exercise, sports and activities out of school and in later life. Understand and apply the long term health benefits