

Year 5 Hockey Curriculum Link: Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending		
Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
Subject Name: PE Year Group: 5 Term: 1 (H2) Unit Name: Hockey Spiritual Development Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. John 1:2 Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.	<ul style="list-style-type: none"> • Begin to use different ways of attacking and defending considering position of own team and/or opponent. • Develop control and co-ordination when straight dribbling and Indian dribbling, including varying direction. • Begin to dribble the ball to get past a defender sometimes successfully. • Develop passing skills including push pass and slap hit. • Sometimes change direction of travel by rotating and turning stick to support this. • Begin to develop tackling skills including jab tackle. • Mark another player when their team doesn't have the ball and begin to attempt interceptions. 	<ul style="list-style-type: none"> • Compete against self and others in a controlled manner in teams and individually in a range of competitive activities using evaluation to improve performance.
Big Ideas	Year 5 Learning	Health and Fitness & Preparation

Play hockey (modified where appropriate) to apply and develop attacking and defending skills, improve communication, competitive and collaboration skills and evaluate and improve their performance.

- To begin to choose the best tactics for attacking and defending considering position of own team and/or opponent.
- To develop control, co-ordination when straight dribbling and Indian dribbling and begin to use loose dribbling, including varying speed and direction.
- To dribble the ball to get past a defender sometimes successfully.
- To develop passing skills including push pass, slap hit and sweep shot in game situations.
- To be able to receive and trap the ball with increasing success rate.
- To develop tackling skills including the block tackle.
- To track an opponent and use defensive techniques to win the ball.

- Know and understand the reasons for warming up and cooling down and lead own warm-ups and cool downs with support.
- Explain why exercise is good for health, fitness and wellbeing and make some links to ways we can become healthier.

Key Information	Learning	Key PE Skills
Vocabulary	Future Learning:	Evaluation and Communication
tactics opponent receive send possession shoot tackle foul invasion game skill jab tackle	<ul style="list-style-type: none"> • Develop ability to choose the best tactics for attacking and defending considering position of own team and/or opponent. • Know how to support other players in attack and defence. • Develop and use dribbling techniques in game with some recognition of most appropriate for game situation including; straight dribbling, loose dribbling and Indian dribbling. • Vary speed and direction of dribbling as appropriate to the game situation. • Use a range of passes knowing which one to use depending on the game situation. • Dribble and change direction by making a square pass (across the pitch) or straight pass (up/down the pitch). • Track an opponent, recognise appropriate timings and situations to use defensive techniques including jab and block tackle. 	<ul style="list-style-type: none"> • Watch and describe performances of themselves and others - link this to how this has supported modifying their skills and techniques to improve over time and offer improvements to others. • Use communication skills to illustrate what they are doing and respond to others to begin to improve team play.
Glossary		
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