

Year 4 Hockey Curriculum Link: Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending		
Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
Subject Name: PE Year Group: 4 Term: 1 (H2) Unit Name: Hockey Spiritual Development Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. John 1:2 Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.	<ul style="list-style-type: none"> • Begin to use more than one way of attacking and defending. • Develop control and co-ordination when straight dribbling. • Begin to develop Indian dribbling. • Begin to dribble the ball to get past a defender. • Send the ball using a push pass. • Receive and trap the ball. • Show some signs of an approaching a player to tackle and cause pressure. • Begin to identify that when their team don't have the ball they need to mark an opponent. 	<ul style="list-style-type: none"> • Compete against self and others in a controlled manner in teams and individually in a range of competitive activities beginning to use evaluation to improve performance.
Big Ideas	Year 4 Learning	Health and Fitness & Preparation

Play hockey (modified where appropriate) to apply and develop attacking and defending skills, improve communication, competitive and collaboration skills and evaluate and improve their performance.

- To begin to use different ways of attacking and defending considering position of own team and/or opponent.
- To develop control and co-ordination when straight dribbling and Indian dribbling, including varying direction.
- To begin to dribble the ball to get past a defender sometimes successfully.
- To develop passing skills including push pass and slap hit.
- To sometimes change direction of travel by rotating and turning stick to support this.
- To begin to develop tackling skills including jab tackle.
- To be able to mark another player when their team doesn't have the ball and begin to attempt interceptions.

- Know and understand the reasons for warming up and cooling down.
- Explain why exercise is good for your health and make some links to ways we can become healthier.

Key Information	Learning	Key PE Skills
Vocabulary	Future Learning:	Evaluation and Communication
tactics opponent receive send possession shoot tackle foul invasion game skill jab tackle	<ul style="list-style-type: none"> • Begin to choose the best tactics for attacking and defending considering position of own team and/or opponent. • Develop control, co-ordination when straight dribbling and Indian dribbling and begin to use loose dribbling, including varying speed and direction. • Dribble the ball to get past a defender sometimes successfully. • Develop passing skills including push pass, slap hit and sweep shot in game situations. • Receive and trap the ball with increasing success rate. • Develop tackling skills including the block tackle. • Track an opponent and use defensive techniques to win the ball. 	<ul style="list-style-type: none"> • Watch and describe performances of themselves and others - link this to describing how their performance has improved over time and offer improvements to others. • Use communication skills to illustrate what they are doing and respond to others.
Glossary		