

Enriching lives every day; enabling our school community to learn, achieve and flourish through living 'life in all its fullness'



Year 3 Hockey

Curriculum Link:

Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

| Key Information | Learning | Key PE Skills |
|---|---|--|
| Unit | Previous Learning | Competing and Performing |
| Subject Name: PE Year Group: 3 Term: 1 (H2) Unit Name: Hockey Spiritual Development Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. John 1:2 Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul. | Use simple attacking and defending skills in a game. Develop dribbling with hands. Develop throwing to a teammate. Develop co-ordination when throwing and catching. To identify areas of hands to use when dribbling or travelling with a ball. Develop dribbling with feet. Develop kicking a ball and stopping a ball using a confident foot. Develop passing to a teammate with feet. Develop taking a ball towards a target. Develop co-ordination when throwing and catching. Throw underarm, bounce & catch ball by self & with partner. | Compete against self and others in teams and individually in a controlled manner in a range of competitive activities. |
| Big Ideas | Year 3 Learning | Health and Fitness & Preparation |



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Play hockey (modified where appropriate) to apply and develop attacking and defending skills, improve communication, competitive and collaboration skills and evaluate and improve their performance.

- To begin to use more than one way of attacking and defending.
- To develop control and co-ordination when straight dribbling.
- To begin to develop Indian dribbling.
- To begin to dribble the ball to get past a defender.
- To send the ball using a push pass.
- To receive and trap the ball.
- To show some signs of an approaching a player to tackle and cause pressure.
- To begin to identify that when their team don't have the ball they need to mark an opponent.

- Recognise and describe the effects of exercise on the body and begin to link this to why it is important to warm up and cool down.
- Explain why exercise is good for your health, including strength and flexibility.



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| opponent receive send possession shoot tackle foul invasion game skill straight dribbling Indian dribbling I | Key Information | Learning | Key PE Skills |
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| opponent receive send possession shoot tackle foul invasion game skill straight dribbling Indian dribbling Develop control and co-ordination when straight dribbling and Indian dribbling, including varying direction. Develop control and co-ordination when straight dribbling and Indian dribbling, including straight dribbling Indian dribbling of themselves and others - linking that to what to keep th same for next time and what t improve for next time and offs some improvements to others Sometimes change direction of travel by rotating and turning stick to support this. Begin to develop tackling skills including jab tackle. Mark another player when their team doesn't have the ball and begin to attempt interceptions. of themselves and others - linking that to what to keep th same for next time and offs some improvements to others Use communication skills to illustrate what they are doing and begin to respond to other of themselves and others - linking that to what to keep th same for next time and what t improve for next time and offs some improvements to others Use communication skills to illustrate what they are doing and begin to respond to other | Vocabulary | Future Learning: | Evaluation and Communication |
| Glossary | tactics opponent receive send possession shoot tackle foul invasion game skill straight dribbling Indian dribbling | and/or opponent. Develop control and co-ordination when straight dribbling and Indian dribbling, including varying direction. Begin to dribble the ball to get past a defender sometimes successfully. Develop passing skills including push pass and slap hit. Sometimes change direction of travel by rotating and turning stick to support this. Begin to develop tackling skills including jab tackle. Mark another player when their team doesn't have the ball and begin to attempt | linking that to what to keep the same for next time and what to improve for next time and offer some improvements to others. • Use communication skills to |
| | Glossary | | |