

Year 4 Dance Curriculum Link: Perform dances using a range of movement patterns		
Key Information	Learning	Key PE Skills
Unit Subject Name: PE Year Group: 4 Term: 1 (H1) Unit Name: Dance	Previous Learning <ul style="list-style-type: none"> • Begin to improvise with a partner to create a simple dance. • Begin to repeat the movement patterns and actions of a chosen dance style. • Begin to compare and adapt short movement sequences to create a larger sequence. • Begin to link movements together smoothly. • Perform with some awareness of rhythm. • Begin to improvise on their own or with a partner. • Create motifs from different stimuli. • Begin to adapt/modify parts of dance as a result of self and peer evaluation. 	Competing and Performing <ul style="list-style-type: none"> • Compete against self and others in a controlled manner in teams and individually in a range of competitive activities beginning to use evaluation to improve performance.
Big Ideas	Year 4 Learning	Health and Fitness & Preparation
Perform dances using a range of movement patterns and link actions and sequences of movement. Spiritual Development Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. John 1:2 Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.	<ul style="list-style-type: none"> • To compose longer dance sequences in a small group. • To begin to identify and repeat the movement patterns and actions of a chosen dance style. • To link most movements together smoothly. • To demonstrate rhythm and spatial awareness. • To improvise on their own or with a partner. • To begin to vary dynamics and develop actions and motifs in response to stimuli. • To adapt/modify parts of dance as a result of self and peer evaluation and begin to link this to the stimulus. 	<ul style="list-style-type: none"> • Know and understand the reasons for warming up and cooling down. • Explain why exercise is good for your health and make some links to ways we can become healthier.

Key Information	Learning	Key PE Skills
Vocabulary	Future Learning:	Evaluation and Communication
co-ordination unison mirroring transition sequence canon expression rhythm levels choreography shape	<ul style="list-style-type: none"> • Compose partner and group dances that reflect the chosen dance style. • Identify and repeat the movement patterns and actions of a chosen dance style. • Use transitions to link all movements, demonstrating fluency and control across some/most of the sequence. • Ensure their actions fit the rhythm of the music and show a change of pace and timing in their movements. • Improvise with confidence, still demonstrating fluency across some of the sequence. • Demonstrate imagination and creativity in the movements they devise in response to stimuli. • Adapt/modify parts of dance as a result of self and peer evaluation to better suit the stimulus. 	<ul style="list-style-type: none"> • Watch and describe performances of themselves and others - link this to describing how their performance has improved over time and offer improvements to others. • Use communication skills to illustrate what they are doing and respond to others.
Glossary		