

<p align="center"><b>Year 3 Dance</b> Curriculum Link: <b>Perform dances using a range of movement patterns</b></p>		
Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
<p>Subject Name: <b>PE</b> Year Group: <b>3</b> Term: <b>1 (H1)</b> Unit Name: <b>Dance</b></p>	<ul style="list-style-type: none"> <li>• Use simple choreographic devices such as unison, canon and mirroring.</li> <li>• Copy, remember and repeat actions.</li> <li>• Change the speed and level of their actions.</li> <li>• Use different transitions within a dance sequence.</li> <li>• Move in time to music.</li> <li>• Improve the timing of their actions.</li> <li>• Create a short motif inspired by a stimulus.</li> </ul>	<ul style="list-style-type: none"> <li>• Compete against self and others in teams and individually in a controlled manner in a range of competitive activities.</li> </ul>
Big Ideas	Year 3 Learning	Health and Fitness & Preparation
<p>Perform dances using a range of movement patterns and link actions and sequences of movement.</p> <p><b>Spiritual Development</b> Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. John 1:2 Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.</p>	<ul style="list-style-type: none"> <li>• <b>To begin to improvise with a partner to create a simple dance.</b></li> <li>• <b>To begin to repeat the movement patterns and actions of a chosen dance style.</b></li> <li>• <b>To begin to compare and adapt short movement sequences to create a larger sequence.</b></li> <li>• To begin to link movements together smoothly.</li> <li>• To perform with some awareness of rhythm.</li> <li>• To begin to improvise on their own or with a partner.</li> <li>• To create motifs from different stimuli.</li> <li>• <b>To begin to adapt/modify parts of dance as a result of self and peer evaluation.</b></li> </ul>	<ul style="list-style-type: none"> <li>• Recognise and describe the effects of exercise on the body and begin to link this to why it is important to warm up and cool down.</li> <li>• Explain why exercise is good for your health, including strength and flexibility.</li> </ul>

Key Information	Learning	Key PE Skills
<b>Vocabulary</b>	<b>Future Learning:</b>	<b>Evaluation and Communication</b>
co-ordination unison mirroring transition sequence canon expression rhythm levels choreography shape	<ul style="list-style-type: none"> <li>• Compose longer dance sequences in a small group.</li> <li>• Begin to identify and repeat the movement patterns and actions of a chosen dance style.</li> <li>• Link most movements together smoothly.</li> <li>• Demonstrate rhythm and spatial awareness.</li> <li>• Improvise on their own or with a partner.</li> <li>• Begin to vary dynamics and develop actions and motifs in response to stimuli.</li> <li>• Adapt/modify parts of dance as a result of self and peer evaluation and begin to link this to the stimulus.</li> </ul>	<ul style="list-style-type: none"> <li>• Watch or describe performances of themselves and others - linking that to what to keep the same for next time and what to improve for next time and offer some improvements to others.</li> <li>• Use communication skills to illustrate what they are doing and begin to respond to others.</li> </ul>
<b>Glossary</b>		
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