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| **Year Reception Gymnastics****Curriculum Link:****To develop balance, agility and co-ordination, and begin to apply these in a range of activities** |
| **Key Information** | **Learning** | **Key PE Skills** |
| **Unit** | **Goals** | **Competing and Performing** |
| Subject Name: **PE**Year Group: **Reception**Term: **3 (H1)**Unit Name: **Games 1** | **Physical Development*** Negotiate space and obstacles safely, with consideration for themselves and others.
* Demonstrate strength, balance and coordination when playing.
* Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

**Personal, Social and Emotional Development*** Work and play cooperatively and take turns with others
* Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.
* Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.
 | * Show resilience and perseverance in the face of challenge.
* To represent their own ideas, thoughts and feelings through a performance.
* Participate in simple games.
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| **Big Ideas** | **Other Key Skills** | **Health and Fitness & Preparation** |
| To develop skills in playing games, scoring, rules, partner and teamwork. | * Create a short sequence of movements.
* Roll in different ways with control.
* Travel in different ways.
* Stretch in different ways.
* Jump in a range of ways from one space to another with control.
* Begin to balance with control.
 | * To know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.
* To show understanding of how to transport and store equipment safely.
* They handle equipment and tools effectively and safely.
* Dress with support.
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| **Key Information** | **Learning** | **Key PE Skills** |
| **Vocabulary** | **Future Learning:** | **Evaluation and Communication** |
| balancerollthrowcatchjumpskipkickclimb | hoprunforwardsbackwardsupdownwalkdance | (Invasion Games e.g., basketball, netball, hockey and football).* Use simple attacking and defending skills in a game.
* Develop dribbling with hands.
* Develop throwing to a teammate.
* Develop co-ordination when throwing and catching.
* To identify areas of hands to use when dribbling or travelling with a ball.
* Develop dribbling with feet.
* Develop kicking a ball and stopping a ball using a confident foot.
* Develop passing to a teammate with feet.
* Develop taking a ball towards a target.
* Show how to hold a hockey stick.
* Develop dribbling with hockey stick.
* Develop sending ball towards a target.
 | * Talk about what they have done.
* Talk about what others have done.
* Negotiate space and obstacles safely, with consideration for themselves and others
* Follow simple rules.
* Participate in team games.
* Play a range of chasing games
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| **Glossary** |
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