

Enriching lives every day; enabling our school community to learn, achieve and flourish through living 'life in all its fullness'



Subject: PSHE

Year group: 3

Term: Spring

Unit name: Health and wellbeing- Keeping Safe



Main concepts (Health and wellbeing)

- how to identify typical hazards at home and in school
- how to predict, assess and manage risk in everyday situations e.g. crossing the road, running in the playground, in the kitchen
- about fire safety at home including the need for smoke alarms
- the importance of following safety rules from parents and other adults
- how to help keep themselves safe in the local environment or unfamiliar places, including road, rail, water and firework safety.

Pedestrian training

How the children are to be taught this.

PSHE should be delivered in mixed gender groups.

Use teacher judgment to decide whether this should be blocked to a day or taught over smaller sessions, dependent upon the cohort.

Please use teacher judgement to decide which parts of this unit can be taught by adults other than the class teacher.

Prior knowledge.

Children should already...

- how to recognise risk in everyday situations, e.g. road, water and rail safety, medicines
- how to help keep themselves safe in familiar and unfamiliar environments, such as in school, online and 'out and about'
- to identify potential unsafe situations, who is responsible for keeping them safe in these situations, and steps they can take to avoid or remove themselves from danger
- how to help keep themselves safe at home in relation to electrical appliances, fire safety and medicines/household products

Key vocabulary

Risks, safety, care, attention, unsafe, responsibility, responsible, hazard, emergency, emergency services, managing risk, unfamiliar

SMSC

(Spiritual, Moral, Social, Cultural)

Link to rules in wider society.

Individual rules at home.

Different rules in different countries.