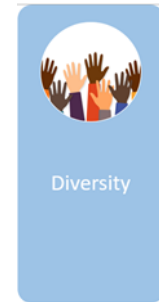


Subject: PSHE

Year group: 1

Term: Spring

Unit name: Health and wellbeing- Keeping Safe



Main concepts (Health and wellbeing)

- how rules can help to keep us safe
- why some things have age restrictions, e.g. TV and film, games, toys or play areas basic rules for keeping safe online
- whom to tell if they see something online that makes them feel unhappy, worried, or scared

How the children are to be taught this.

PSHE should be delivered in mixed gender groups.

Use teacher judgment to decide whether this should be blocked to a day or taught over smaller sessions, dependent upon the cohort.

Please use teacher judgement to decide which parts of this unit can be taught by adults other than the class teacher.

Prior knowledge.

Children should already...

Know why it is important to stay safe

Begin to know that rules help to keep us safe

Key vocabulary

Rules, restrictions, happy, sad, worried, talk, discuss, share.

SMSC

(Spiritual, Moral, Social, Cultural)

Link to rules in wider society.

Some people being allowed to do things that other children are not, adult choice.

Impact of the internet on society.