

Year 5 Basketball

Curriculum Link:

Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
Subject Name: PE Year Group: 5 Term: 2 (H1) Unit Name: Basketball	Year 4 - basketball <ul style="list-style-type: none"> • Begin to use different ways of attacking and defending considering position of own team and/or opponent. • Dribble the ball using control and co-ordination, varying speed and direction to successfully pass or avoid opponents. • Continue to develop skill to dribble with both hands (not simultaneously). • Begin to recognise appropriate times to perform a pivot. • Use jump stop. • Use the bounce, chest and shoulder pass appropriately in game situation. • Begin to use overhead pass. • Attempt to mark another player when their team doesn't have the ball and make interceptions. 	<ul style="list-style-type: none"> • Compete against self and others in a controlled manner in teams and individually in a range of competitive activities using evaluation to improve performance.
Big Ideas	Year 5 Learning	Health and Fitness & Preparation
Play basketball (modified where appropriate) to apply and develop attacking and defending skills, running, jumping, throwing and catching skills, improve communication, competitive and collaboration skills and evaluate and improve their performance.	<ul style="list-style-type: none"> • Begin to choose the best tactics for attacking and defending considering position of own team and/or opponent. • Dribble the ball using control and co-ordination, varying speed and direction to successfully pass or avoid opponent in game situations. • Dribble the ball in game whilst making effort to not violate travelling/double dribble rule. • Use jump stop and begin to link to pivoting. • Use a variety of passes in a game situation and recognise which is best to use. • Track an opponent and use defensive techniques to win the ball. 	<ul style="list-style-type: none"> • Know and understand the reasons for warming up and cooling down and lead own warm-ups and cool downs with support. • Explain why exercise is good for health, fitness and wellbeing and make some links to ways we can become healthier.

Key Information	Learning	Key PE Skills
Vocabulary	Future Learning:	Evaluation and Communication
intercept control violation communication technique marking double dribble overhead pass collaboration	Year 6 - basketball <ul style="list-style-type: none"> • Develop ability to choose the best tactics for attacking and defending considering position of own team and/or opponent. • Develop and use dribbling techniques in game with recognition of most appropriate for game situation including varying speed, direction. • Dribble the ball in game whilst mostly successfully avoiding violating the travelling/double dribble rule. • Use jump stop/pivot in a game situation. • Use a variety of passes in a game situation consistently and appropriately. • Track an opponent, recognise appropriate timings and situations to use defensive techniques. • Recognise the transition between attack and defence. 	<ul style="list-style-type: none"> • Watch and describe performances of themselves and others - link this to how this has supported modifying their skills and techniques to improve over time and offer improvements to others. • Use communication skills to illustrate what they are doing and respond to others to begin to improve team play.
Glossary		
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