

Year 4 Basketball

Curriculum Link:

Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
Subject Name: PE Year Group: 4 Term: 2 (H1) Unit Name: Basketball	Year 3 - basketball <ul style="list-style-type: none"> • Begin to use more than one way of attacking and defending. • Develop control and co-ordination when dribbling with hands, including varying speed and direction. • Develop skill to dribble with both hands (not simultaneously). • Recognise the dribble ends when the ball is held in two hands (double dribble/travelling rule). • Use pivoting. • Begin to use jump stop. • Develop the bounce and chest pass and begin to recognise when to use them. • Begin to identify that when their team don't have the ball and the importance of marking an opponent. 	<ul style="list-style-type: none"> • Compete against self and others in a controlled manner in teams and individually in a range of competitive activities beginning to use evaluation to improve performance.
Big Ideas	Year 4 Learning	Health and Fitness & Preparation
Play basketball (modified where appropriate) to apply and develop attacking and defending skills, running, jumping, throwing and catching skills, improve communication, competitive and collaboration skills and evaluate and improve their performance.	<ul style="list-style-type: none"> • Begin to use different ways of attacking and defending considering position of own team and/or opponent. • Dribble the ball using control and co-ordination, varying speed and direction to successfully pass or avoid opponents. • Continue to develop skill to dribble with both hands (not simultaneously). • Begin to recognise appropriate times to perform a pivot. • Use jump stop. • Use the bounce, chest and shoulder pass appropriately in game situation. • Begin to use overhead pass. • Attempt to mark another player when their team doesn't have the ball and make interceptions. 	<ul style="list-style-type: none"> • Know and understand the reasons for warming up and cooling down. • Explain why exercise is good for your health and make some links to ways we can become healthier.

Key Information	Learning	Key PE Skills
Vocabulary	Future Learning:	Evaluation and Communication
tactics opponent receive send possession shoot tackle foul invasion game skill chest pass bounce pass shoulder pass jump stop pivot	Year 5 - basketball <ul style="list-style-type: none"> • Begin to choose the best tactics for attacking and defending considering position of own team and/or opponent. • Dribble the ball using control and co-ordination, varying speed and direction to successfully pass or avoid opponent in game situations. • Dribble the ball in game whilst making effort to not violate travelling/double dribble rule. • Use jump stop and begin to link to pivoting. • Use a variety of passes in a game situation and recognise which is best to use. • Track an opponent and use defensive techniques to win the ball. 	<ul style="list-style-type: none"> • Watch and describe performances of themselves and others - link this to describing how their performance has improved over time and offer improvements to others. • Use communication skills to illustrate what they are doing and respond to others.
Glossary		
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