

## Year 3 Basketball

### Curriculum Link:

Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

Key Information	Learning	Key PE Skills
<b>Unit</b>	<b>Previous Learning</b>	<b>Competing and Performing</b>
Subject Name: <b>PE</b> Year Group: <b>3</b> Term: <b>2 (H1)</b> Unit Name: <b>Basketball</b>	Year 1 invasion games <ul style="list-style-type: none"> <li>● Use simple attacking and defending skills in a game.</li> <li>● Develop dribbling with hands.</li> <li>● Develop throwing to a teammate.</li> <li>● Develop co-ordination when throwing and catching.</li> <li>● To identify areas of hands to use when dribbling or travelling with a ball.</li> <li>● Develop dribbling with feet.</li> <li>● Develop kicking a ball and stopping a ball using a confident foot.</li> <li>● Develop passing to a teammate with feet.</li> <li>● Develop taking a ball towards a target.</li> <li>● Develop co-ordination when throwing and catching.</li> <li>● Throw underarm, bounce &amp; catch ball by self &amp; with partner.</li> </ul>	<ul style="list-style-type: none"> <li>● Compete against self and others in teams and individually in a controlled manner in a range of competitive activities.</li> </ul>
<b>Big Ideas</b>	<b>Year 3 Learning</b>	<b>Health and Fitness &amp; Preparation</b>
Play basketball (modified where appropriate) to apply and develop attacking and defending skills, running, jumping, throwing and catching skills, improve communication, competitive and collaboration skills and evaluate and improve their performance.	<ul style="list-style-type: none"> <li>● Begin to use more than one way of attacking and defending.</li> <li>● Develop control and co-ordination when dribbling with hands, including varying speed and direction.</li> <li>● Develop skill to dribble with both hands (not simultaneously).</li> <li>● Recognise the dribble ends when the ball is held in two hands (double dribble/travelling rule).</li> <li>● Use pivoting.</li> <li>● Begin to use jump stop.</li> <li>● Develop the bounce and chest pass and begin to recognise when to use them.</li> <li>● Begin to identify that when their team don't have the ball and the importance of marking an opponent.</li> </ul>	<ul style="list-style-type: none"> <li>● Recognise and describe the effects of exercise on the body and begin to link this to why it is important to warm up and cool down.</li> <li>● Explain why exercise is good for your health, including strength and flexibility.</li> </ul>



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Key Information	Learning	Key PE Skills
<b>Vocabulary</b>	<b>Future Learning:</b>	<b>Evaluation and Communication</b>
tactics opponent receive send possession shoot tackle foul invasion game skill chest pass bounce pass jump stop pivot	Year 4 - basketball <ul style="list-style-type: none"> <li>• Begin to use different ways of attacking and defending considering position of own team and/or opponent.</li> <li>• Dribble the ball using control and co-ordination, varying speed and direction to successfully pass or avoid opponents.</li> <li>• Continue to develop skill to dribble with both hands (not simultaneously).</li> <li>• Begin to recognise appropriate times to perform a pivot.</li> <li>• Use jump stop.</li> <li>• Use the bounce, chest and shoulder pass appropriately in game situation.</li> <li>• Begin to use overhead pass.</li> <li>• Attempt to mark another player when their team doesn't have the ball and make interceptions.</li> </ul>	<ul style="list-style-type: none"> <li>• Watch or describe performances of themselves and others - linking that to what to keep the same for next time and what to improve for next time and offer some improvements to others.</li> <li>• Use communication skills to illustrate what they are doing and begin to respond to others.</li> </ul>
<b>Glossary</b>		
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