

<b>Year 2 Ball skills</b> <b>Curriculum Link:</b> <b>To master basic movements including running, jumping, throwing and catching</b>		
Key Information	Learning	Key PE Skills
Unit	Previous Learning	Competing and Performing
Subject Name: <b>PE</b> Year Group: <b>2</b> Term: <b>2 (H1)</b> Unit Name: <b>Ball skills</b>	<ul style="list-style-type: none"> <li>• Develop control and accuracy when throwing to a teammate.</li> <li>• Develop the bounce and chest pass.</li> <li>• To identify the importance of having hands ready to catch (w shape).</li> <li>• Make simple decisions about when/where to move to receive a ball.</li> <li>• Develop control when sending ball towards a target.</li> <li>• Develop control when dribbling a ball with feet.</li> <li>• Develop control when kicking a ball, using some correct technique i.e. inside foot.</li> <li>• Develop control when dribbling with hands.</li> <li>• Identify that dribbling can use both hands (not simultaneously).</li> <li>• Throw underarm and overarm.</li> <li>• Throw a ball towards a target with increasing accuracy.</li> <li>• Improve the distance they can throw by using more power.</li> </ul>	<ul style="list-style-type: none"> <li>• Compete against self and others in teams and individually.</li> </ul>
Big Ideas	Year 2 Learning	Health and Fitness & Preparation
To develop skills such as throwing, catching, rolling, hitting a target, dribbling with hands and feet and kicking a ball.	<ul style="list-style-type: none"> <li>• Develop control when dribbling with hands.</li> <li>• Identify that dribbling can use both hands (not simultaneously).</li> <li>• Develop control and accuracy when throwing to a teammate.</li> <li>• To identify the importance of having hands ready to catch (w shape).</li> <li>• Develop the bounce and chest pass.</li> <li>• Begin to combine stopping and pick up/collect to send a ball accurately to other players.</li> <li>• Develop control when dribbling a ball with feet.</li> <li>• Develop control when kicking a ball, using some correct technique i.e. inside foot.</li> <li>• Make simple decisions about when/where to move to receive a ball.</li> <li>• Throw different types of equipment in different ways with some accuracy.</li> <li>• Throw with accuracy at targets of different heights.</li> <li>• Begin to alter their throwing technique to achieve greater distance.</li> </ul>	<ul style="list-style-type: none"> <li>• Recognise and describe how different parts of the body feel during and after different physical activities.</li> <li>• Explain what they need to stay healthy with some links to exercise being made.</li> </ul>



Enriching lives every day; enabling our school community to learn, achieve and flourish through living 'life in all its fullness'



Key Information	Learning	Key PE Skills
<b>Vocabulary</b>	<b>Future Learning:</b>	<b>Evaluation and Communication</b>
attack defend shoot hit throw catch net space racket warm-up cool-down score pass dribble kick score	<ul style="list-style-type: none"> <li>• Begin to use more than one way of attacking and defending.</li> <li>• Develop control and co-ordination when dribbling with hands, including varying speed and direction.</li> <li>• Develop skill to dribble with both hands (not simultaneously).</li> <li>• Recognise the dribble ends when the ball is held in two hands (double dribble/travelling rule).</li> <li>• Use pivoting.</li> <li>• Begin to use jump stop.</li> <li>• Develop the bounce and chest pass and begin to recognise when to use them.</li> <li>• Begin to identify that when their team don't have the ball and the importance of marking an opponent.</li> </ul>	<ul style="list-style-type: none"> <li>• Watch or describe performances of themselves and others - linking that to what went well and what to improve.</li> <li>• Use some simple communication to illustrate what they are planning on doing.</li> </ul>
<b>Glossary</b>		
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